



NO GREATER

JOY

SEPT.-OCT. 2019

"I have no greater joy than to hear that my children walk in truth" (III John 4).

NGJ ministries

I spent lasting evening picking grapes and making jelly. Today Mike and I went elderberry picking. Early this morning I went downstairs to get a rough count of the quarts of tomato sauce and juice that I recently canned to make sure I have enough for winter and spring. Then I went out to check on the newly hatched chicks and the kittens. Fall has come again.



Concord Grape vines with the NGJ office and warehouse in the background

Over the last two years our ministry staff has been working to get the GOOD AND EVIL book in 50 languages, optimized for cell phone downloads. We have learned that even people in the most remote corners of the world—deep in the Amazon or on a mountaintop in Papua New Guinea—now have cell phones and Facebook. Our iMissionaries team has continually put out Facebook ads, and the IT man has carefully analyzed data on how different people groups respond. We are finally ready to launch a world-wide outreach with the written word. Our goal is to get the gospel to almost the whole world before the next autumn comes around. We invite you to join hands with us as we obey Jesus’ command: “And he said unto them, Go ye into all the world, and preach the gospel to every creature.” -Debi



Mike & Debi's SCHEDULE

Lord willing, we will be speaking at two shindigs in September 2019!

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Never Underestimate the Need to Be *Needed*

By Shalom (Pearl) Brand

In our house we work together as a team, a unit.

It does not matter how small or young, each child is still a vital part of the “family team.” If there is nothing the youngest can do, we create a job for him to make him feel a part of the work. This creates a sense of belonging and team spirit. Many times during a family project, we gave attention to making sure the

little ones were happily involved. For instance, this morning my 2-year-old was vacuuming while the 4-year-old dusted and the older children cleaned the table and washed the dishes. At lunchtime I took the bread and sandwich stuff to the table and laid it out so my 2-year-old could make the sandwiches. He made a mess but

was happy and smiling from ear to ear that he was serving his buddies. He wanted his picture taken with his thumbs up to show his brothers and sisters what he had done. The goal is more than just learning to work; it is causing your children to feel they are important, that they matter. It is building confidence that they can do “big” jobs, and it is building in them a desire to serve others.

I have been reading a great book called *Intentional Mother*, and one of the chapters is about teamwork and how important it is for the family dynamic. The book explains it beautifully: Mom and Dad are the coaches and the kids are the ALL-STAR winning team. As coaches, it is our job to shout from the rooftop how proud we are of our team, to encourage them, train them, and build up their confidence, and to make sure all the team is working together in harmony.

The goal in teaching teamwork is to show them that they are important, that they matter, that they are all part of the team.

Harmony Starts with the Coaches

Mom, are you standing with the head coach? Are you showing respect and honor? You can't expect your children to be team players if the coaches are not united. So start there. Become united. Respect the head coach with your actions! Honor him by praising him and building him up to the kids, letting the All-Star team know how amazing the head coach is and how



Let the Allstar team know how amazing the head coach is.

excited you are to work with him. If you struggle with unity, your players are going to struggle.

As the assistant coach, it is your job to rally the troops, to get the team pumped up and working together, doing training drills and working together to build the spirit and strength of the team. And you can't wait until the children are “big” and “good enough” to treat them like they are on the team.

I started doing drills when my children were infants. I began when they were still unable to crawl by saying things like, “You are daddy's big helper. You are such a big boy. We are so proud of you.” When you value and need your kids, they will value and need each other and learn to play and work together with joy! By the time they could crawl, I had them handing me something or taking something into the other room. It was training them to function as a team member.

Parker, my 9-year-old, is the man around our house, and anyone

that knows our family would be fast to agree. He is smart and strong and very kind to his little brothers. When he was just a baby, I began preparing him for the day he would stand up and protect his future little brothers and be their guide and example. I would brag on him and give him respect and honor. His younger brothers often hear me say how cool Parker is and what a fine big brother he is. I have always told Parker how sweet he is to his younger brothers, what an example and help he is. It is so rewarding to see how his brothers rely on him.

Parker is quick to show his little brothers how to do things, and they always respect and appreciate his input. Just yesterday my truck happened to have a dead battery and I, without even thinking about it, asked my 9-year-old son to open the hood and hook up the charger. I know he has often done such things with his dad, and I also know that Parker quickly and easily assumes responsibility. My bossy oldest daughter (15 years old), who loves to handle responsibility and leadership, was completely under her little brother's guidance as he told us what to do and how to do it. We both showed him honor with our words and smiles. A while later I asked Janelle Grace why she so easily surrendered to Parker's authority. She said, "Parker knew what he was doing and was confident that he would get the job done, and I was thankful for him."

There are always issues that will come up, and adjustments will have to be made. I talk with my kids daily and do training drills in a fun but reinforcing way so they know what

is expected of them. Many times frustration is the result of uncommunicated expectations. Children by nature want to please and work with you, but if you push them aside and they feel unheard, they will seek attention in silly ways.

Before we start the day we all sit together at the table to eat, pray, and talk about what is to be done that day. I add little tips on how they should treat each other and reminders on good behavior.

You can't wait until the children are "big" or "good enough" to treat them like they are on the team.

Most every day we do a simple, interactive training drill. It only takes about five minutes but makes the whole day go better. I think it is the most beneficial thing we do to create unity, teach the younger ones training skills, and reinforce to the older children that they need to be good examples.

Here's how we do our drill:

We all sit on the floor in a sort of circle and I will give simple commands: touch your nose, toes, feet, stand up, sit down, say "Thank you," say "yes, Mom," say "No, thank you," and so forth. I look at an older child (even my teens) and give a direct order, while the younger children are watching. The older child knows this is "training little brother time." The older child quickly obeys the order and we all cheer, praise him, and clap. Then I give another order to another child, and so forth. Then the older



Left to Right:
Parker, Roland, Hudson
and Ryder Brand

children take turns giving orders to the younger ones. The drill is effective for so many reasons. It helps with obedience training, it helps with attention training, and it is face-to-face, interaction time with the children. It is a time to encourage and praise the older children, and it helps them to show love and patience as well as learn how to train little ones. My favorite part of this drill is that it teaches the younger children to respect the older team members.

Yesterday morning as we were sitting on the floor, we incorporated colorful playing blocks into our training drill. Our drill became a combination of pre-K school time, training drills, and teamwork training. We talked about the colors. I looked at Hudson, my 4-year-old, and told him to pick up one blue block. Hudson knew he was teaching his little brother to recognize numbers, the color blue, and to do as he was told. Understanding our goal makes the moment so much more fun. I congratulated Hudson, then

turned to my watchful 2-year-old and gave him the same order. He tried to pick up two blocks but I stopped him, showing him what I wanted. "One blue block, like your big brother." Ryder, the 2-year-old, put the blocks down and then picked up the one blue block. We praised him.

Think to yourself, "How can I make this a training drill and a fun experience?"

Think outside the box when playing, doing dishes, or cooking. Ask yourself, "How can I make this a training drill and a fun experience?" After a while it just comes naturally, and everything you do becomes an opportunity to pour into the lives and brains of your children.

Have fun with this and, most of all, enjoy your children in all that you do. You can follow my stories and life with boys on Instagram: @brandclanadventures or on Facebook: @Shalom.Brand. ■



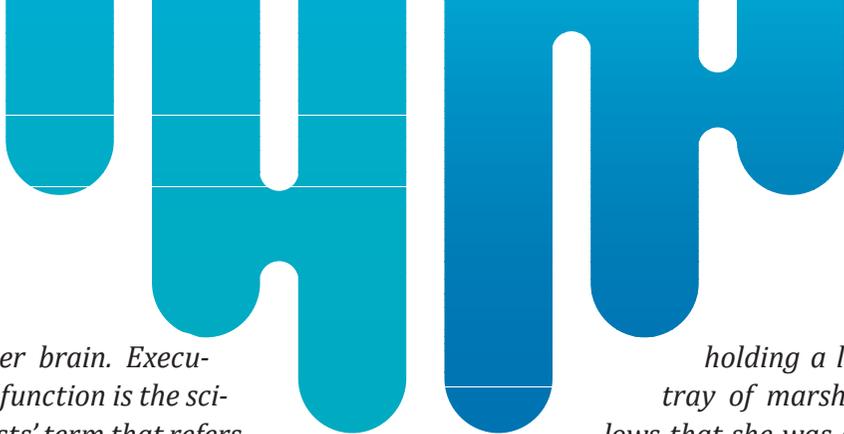
Teaching the *Grands*

By Debi Pearl

In July I went to spend a week in Kauai, Hawaii with my son Nathan and his family. One afternoon I was sitting on the couch talking with three grandkids while we waited to leave for the beach where they were going to compete in a lifeguard contest. One of the kids asked me what neuroplasticity meant and what my new book was all about. This is what I told them.

Well, I could tell you about the brain-gut connection because a person can't have an emotionally and mentally stable brain without a well-functioning gut. The gut is the

only other part of the body that has the same type of cells as the brain. Some scientists even suggest that the gut might be capable of thought like the brain! And the microbes are really interesting. They are like our own garden of worms. If we mistreat them through too much stress, we are doomed. I loved researching for this chapter, and I know you would love to hear about your worms, but I think I will tell you how to have good executive function, because today at the beach you can exercise what I am going to teach you and grow yourself a



better brain. Executive function is the scientists' term that refers to being in control of your body and mind. You have heard people talking about having a high IQ; well, having good executive function means you will have high emotional intelligence (EQ). Scientists now agree that EQ is more important to success and happiness than is IQ.

Think about it like this: You know how your daddy never has to struggle with what not to eat or how much to eat? You know how he always does what he says he will do? You know that he would never take drugs or become an alcoholic? None of these things are even a temptation to him. He is totally disinterested. That's executive function, and neuroplasticity explains why it is important. By means of brain scans—real-time pictures—scientists can see how the brain is functioning, so it is now possible to see the brain develop executive skills. Chapter 7 is written to teach people what science has learned about how a person can develop new brain patterns that will aid them all their lives. I want all my grands to have the opportunity to have good executive functions.

The marshmallow story is the most famous research on this subject. A teacher walked into a room where fifty 5-year-olds sat. She was

holding a large tray of marshmallows that she was obviously about to distribute to the children, but before she could pass them out she pretended she had a call and had to leave the room for 15 minutes. She told the children that if they couldn't wait she would give them a marshmallow now or her helper would give them a marshmallow anytime while she was gone; but if they waited just 15 minutes, when she returned she would give two marshmallows to those who waited. A few of the children had already fixed their minds on getting a marshmallow and were ready to cry if they couldn't have one immediately. As they sat licking and chewing on their marshmallow, some of the other children who sat watching and longing decided they could not wait either, so they raised their hands for the helper to bring them a marshmallow. But most of the children sat and waited until the teacher returned.

This study on delayed gratification was first done about 50 years ago. The researcher followed these kids as they grew up and noted that the children who waited fared better in life in happiness and success. This test has been done many times. This year when they did the same test, most of the children demanded a marshmallow immediately. Only

"Create a Better Brain through Neuroplasticity is a sage's wisdom melded with cutting edge science, yet reads like a novel.

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Dr. Kim Plath, ND (Naturopath)

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a few lone children sat patiently waiting.

Why were the results so different this year compared to 50 years ago, and what makes one child frantic to get the marshmallow immediately while another child can sit and watch others eat and not be moved? Neuroplasticity not only teaches us why, it also teaches us how we can all become self-disciplined to the point that it is not even a struggle or a sacrifice to wait our turn. Our brains actually wire to “feel” differently about things. In neuroplasticity it is said that “things that fire together wire together.” This means the more you respond a certain way (fire), the more your brain is wired to stay that way until you naturally respond to certain things the same way each time. Obviously, in previous years parents instilled these qualities into their children more than they do in today’s world.

In my book I share what researchers have learned about how to groom focus, self-control, self-restraint, memory through

storytelling, resourcefulness and courage, confidence, love and charity, leadership, as well as other facets of emotional intelligence. You will have to read my book to learn more, and what is really great is that once you develop these skills they will last your whole life.

Now, how about you? Could you resist the marshmallow? You can test yourself today while we are out on the beach doing the lifeguard training. You know the leaders will provide all the snacks free of charge. A child whose brain is grooved in executive function will have access to the same unlimited amount of snacks as the child who is lacking executive skills. When you go through the line, will you pile as much as possible on your tray or will you make a decision to get only what you think your body needs to function at its best? Keep in mind every time you make a decision to do the more self-controlled thing, you are building a better brain that will cause you to naturally continue to do the right thing. It is far better than winning a contest. ■



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What Is Neuroplasticity?

EXCERPT FROM CHAPTER 1 OF
CREATE A BETTER BRAIN...

By Debi Pearl

Neuroplasticity has taught us that the brain can remap itself and, in doing so, can bring healing.

Why should you want to read a book about the strange-sounding, relatively new science called neuroplasticity? How could knowledge of this science help you? More than you could ever believe.

What if I told you that if you changed a few simple habits in your life you could actually increase your IQ or that of your child? Sounds good, doesn't it?

And what if I could show you what you could do to make you and your

child naturally happier and more confident, get rid of your brain fog or sluggishness, and be more motivated to get things done? It is not as hard as you may think, in fact, brain scans show us that it is really just a matter of knowing how to direct our actions and thoughts to make it happen.

This book is written to bless you, to show you how to make your and your child's lives better, and to help you be the best you can be.

What do you want for your life?

Today millions of people all over the world are learning about applied neuroplasticity, and it is drastically changing their lives for the better. This book is *Neuroplasticity 101*.

Get ready to create a better brain.

NEUROPLASTICITY

Where scientists once thought we were the product of our brains, it is now understood that our brains are the product of us. The research that we examine will show how our children are not born with depression, ADHD, optimistic confidence, or any particular mindset; we create it. It is true that we are all born with physical propensities, weaknesses, and strengths. And we all get hit with outside influences; some suffer brain accidents or diseases. What we have learned through neuroplasticity is that we are not at the mercy of our genetics or the mishaps of life. What we do with these propensities, influences, mishaps, and diseases is our choice. You can design or redesign your brain for your own good, and we'll discuss how. This is a book of HOPE—hope because we are not bound by preset intelligence, character or capabilities.

Dr. Norman Doidge, a Canadian-born psychiatrist and best-selling author, said, "Thought changes structure...I saw people rewire their brains with their thoughts, to cure previously incurable obsessions and trauma."¹ Neuroscientists say with certainty that the brain is capable of re-engineering, and we are the engineers. By means of brain scans, scientists can see it happen.

The brain is not limited to changes that make us smarter or more emotionally balanced; it responds to training that helps us recover from all sorts of injury, diseases, and emotional ills. Now that is almost a miracle.

THE GIFT OF MANY ROADS

The brain is composed of billions of neurons in a web of pathways like interconnected roads. Thoughts, feelings, and sensory input activate a web of connections formed by past experiences. Every stimulus creates or utilizes a network of these pathways. With the use of an fMRI (a machine used for measuring and mapping brain activity), one can see what resembles major thoroughfares with intersections, main avenues, and small streets that zigzag throughout every area of the brain. We make our own "roads" with our thoughts and actions: what we see, think, feel, and strive to learn. The use of music, art, laughter, exercise, study, etc. is making us who and what we will become. Our default tendency in life is to do the familiar: drive familiar roads, think familiar thoughts, eat familiar foods. All of these repeated actions of familiar things create familiar pathways. The more a pathway is used, the broader it becomes. If there is damage along the route of a familiar pathway, information is blocked. Neuroplasticity has taught us that we can train our brain to use pathways that were previously dedicated to other functions. Romans 12:2 says, "...be ye transformed by the renewing of your mind..." ■

¹ Doidge, Norman. (2007). *The Brain That Changes Itself*. New York: Viking Books.



The Gift of Music

CHAPTER 3 FROM CREATE A BETTER BRAIN...

By Debi Pearl

Neuroplasticity has taught us that music is among the strongest neural-connecting activities and can aid in boosting IQ, memory retention, recovery from brain maladies, and improve learning in math, science and other subjects.

When viewed through an fMRI scanner, tasks such as reading or math light up particular areas of the brain relevant to that task alone. But when people are intently listening to quality music, multiple areas of the brain light up at once, areas not even directly related to music. Millions of connections are formed as the brain processes music.

Playing a musical instrument engages practically every area of the brain simultaneously, especially the visual, auditory, and motor cortices. It increases the volume and activity in

the brain's corpus callosum, which is the mass of nerve fibers that connects the left and right hemispheres. Consequently, the brains of musicians adapt to the challenges involved in learning and playing an instrument by creating a larger corpus callosum. It is like building brain muscles through music exercise! This allows messages to get across the brain faster and through more varied routes.

Learning to play an instrument has been shown to raise the brain's cognitive skills. It can even increase IQ by seven points in both children



If there was a surefire way to improve your child's brain and emotional stability, would you do it?

and adults. Every time musicians pick up their instruments, thousands of connections are firing all over their brains. Music becomes the gateway to increased brain power for all areas of learning, including math, science, and memory.

THE GIFT OF GENERATIONAL MUSICIANS

I have a friend who sings publicly with his very young daughters. This past Sunday, the baby, about nine months old, was loudly humming on tune long after the congregation finished the song. How can a baby that can't talk stay on key? Her sisters, too young to go to school, can sing harmony. How did that happen? It is commonly thought that it is just in their genes—you are born with it or you are not. Now we know better. It was brain grooving/synapse connections that made it happen. The little singers' daddy was raised in a home where all his siblings played instruments and sang, but neither Mom nor Dad have any musical ability. This unmusical

mom decided that her children would be musicians. So she opened the door to the field of music by providing teachers and instruments, organizing demanding practice, and encouraging them to play and sing together. That is how a generationally musical family started. Supermom didn't know it, but she was also raising her family's IQs for generations to come (more on that later).

THE GIFT OF PERFECT PITCH

The "gift" of perfect pitch is imparted before most parents think it is possible. Perfect pitch is the ability to recognize the pitch of a note or to produce any given note at will. It is estimated that from one to five people per 10,000 have a sense of absolute pitch. Through the study of neuroplasticity, researchers have discovered that a baby's brain is more malleable to the perception of pitch than at any other stage in life. It is in those first two years that children exposed to quality music develop perfect pitch. You will remember that up until about one year of age, an infant can distinguish between all 800 sounds that are made by all the languages on earth. That ability diminishes thereafter.¹

"Whom shall he teach knowledge? ...them that are weaned from the milk, and drawn from the breasts" (Isaiah 28:9).

The lack of musical ability doesn't seem like such a loss until you read the academic scores and statistics of countries and individuals that have developed musically. Now we know

¹ Dingfelder, Sadie F. (2005). "Pitch perfect." *Monitor on Psychology*. Retrieved from: www.apa.org/monitor/feb05/pitch.aspx

it is worth a little effort to introduce your baby—even your womb baby—to quality music.

THE GIFT OF INTELLIGENCE THROUGH MUSIC

The academic scores of children increase significantly when music is part of the curriculum, as is evidenced in several nationwide experiments.

In a study of 17 countries examining the academic scores of 14-year-old science students, it was found that the top three countries—Hungary, the Netherlands, and Japan—all included music in their curriculum from kindergarten through high school. In the 1960s, Hungary noted the higher academic achievement of students enrolled in their “singing school”, and sensibly responded by providing the Kodály method of music education for all their students. This method uses a child-developmental approach that introduces skills according to the capabilities of the child. Today, there are no third graders who cannot sing on pitch and sing beautifully. In addition, the academic achievement of Hungarian students—especially in math and science—continues to be outstanding. The Netherlands began their music program in 1968 and Japan followed suit, having observed the success of these two countries.²

It has been disclosed that almost all the foremost technical designers and engineers in Silicon Valley are practicing musicians. Wow! That says a lot!

The famous Donald Hebb, one of

the earliest pioneers of neuroplasticity and neuropsychology, coined the phrase “Neurons that fire together wire together.” Music fires basically every area of the brain, and in its wake, millions of new connections are formed. Every one of those connections increases brain power by making more sections of the brain available to process more information.

Listening to music requires no effort, but becoming a musician requires diligence, self-discipline, and perseverance. Are you or your child up for the task? As the research has shown, it is well worth the effort.

THE MECHANICS OF MUSIC UPON THE BRAIN

When we perform various motor skills—walking, typing, etc.—we utilize limited parts of the brain. But, as stated earlier, when we perform or listen to quality music, we are using many different parts of the brain in both hemispheres. Music has the power to change how we think, feel, and perform. It even has the power to heal.

Music stimulates many different areas of the brain all at once:

- Auditory cortex (volume, melody, speed, frequencies in song)
- Cerebrum (recalling the lyrics and sounds, using memory)
- Cerebellum (coordinating body movements and muscles)
- Limbic system (emotions in lyrics or melodies)

² Dickinson, Dee. (1993). “Music and the Mind.” *New Horizons’ On the Beam*. Retrieved from: http://archive.education.jhu.edu/PD/newhorizons/strategies/topics/Arts%20in%20Education/dickinson_music.htm



According to Piano Central Studios, “The corpus callosum is the part of our brains that connects the right hemisphere to the left. It allows both sides to communicate with each other, and is responsible for eye movement and helping us maintain our balance.”

They continue by saying, “...the corpus callosum is the communicator for the brain. Current research from Anita Collins suggests that when our students play their instruments, they are working on their fine motor skills. *Both* parts of our brain are responsible for these fine motor skills. Additionally, as the right side of the brain is responsible for the creative process, while the left side is responsible for our linguistic prowess, musicians use both of

these hemispheres simultaneously when they create. Consequently, musicians adapt to these challenges by creating a larger corpus callosum, much the way an athlete would grow his or her muscles.”³

THE GIFT OF MUSIC FOR WOMB BABIES

As previously stated, at 18 weeks gestation, a baby in the womb is able to hear external sounds. It has been observed that after birth, the baby responds differently to music that was played when he was still in the womb. This implies that he was experiencing the music and developing neural connections relating to music even before birth. In the first years of life, this child will be well equipped to learn music. Pity the infant exposed to rap

3 (2015). “Your Brain on Music: The Corpus Callosum.” *Piano Central Studios*. Retrieved from: www.pianocentralstudios.com/your-brain-on-music-the-corpus-callosum/

and most pop music.

Dr. Kathleen M. Holland agrees, “Human responsiveness to music begins in the womb. Babies are brought into the world with the ability to detect beat.”⁴

POWER OF TWO

Humans have more brain cells at the age of two than at any other time of their lives.

Introducing your sweet womb baby and newborn to quality music is one of the easiest and smartest things you can do for your child’s developing brain. When he is in the crawling stage, buy a simple instrument and encourage your child to play. Lastly, find a way for him to take lessons. This will enable a fuller development of his potential.

THE GIFT OF MUSIC BRINGS PEACE

Schools around the world are now using music to set a mood and inspire

children to participate in cleanup or fun activities. Teachers know from experience that singing cute, short songs like “Itsy-Bitsy Spider” to children provoke them to immediately focus their attention. Only speaking to the children would arouse a limited part of the brain, whereas music stimulates a web of responses from many places in the brain. The more connections made, the more learning there will be, and the greater the cooperation in doing routine chores. Have you ever noticed that military troops sing cadence as they march and drill? The practical results were appreciated long before anyone knew anything about the brain.

Dopamine levels in the brain rise when *pleasurable* music is playing. Dopamine is a neurotransmitter released when a person experiences pleasure. It helps regulate attention, working memory, and motivation. Dopamine is found to be low in ADHD brains. Obviously, if we can increase dopamine in a child, we can improve mood, focus, and participation. “Music shares neural networks with other cognitive processes,” says Patti Catalano, a neurologic music

4 Howland, Kathleen M. (2015). “How Music Can Heal Our Brain and Heart.” TEDx Talks. Retrieved from: <https://www.youtube.com/watch?v=NlY4yCsGKXU>



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MOZART

Listening to Mozart has a long-term effect in helping children with ADD gain focus and mood control, and improve social skills.¹

1 Amen, Daniel G. (n.d.). "Music and the Brain." *Didpuzzle*. homestead.com. Retrieved from: didpuzzle.homestead.com/music-and-the-brain.html

therapist at Music Works Northwest. "Through brain imaging, we can see how music lights up the left and right lobes. The goal of music therapy is to build up those activated brain muscles over time to help overall function."⁵

As your child sits on the floor playing, you can greatly enhance his brain by quietly playing quality music in the background. Any positive stimulus, especially involving multiple senses, causes the brain to respond by building new connections, and new connections mean a bigger brain. Bigger is better.

PNAS (Proceedings of the National Academy of Sciences) did a study that enlisted 39 infants (nine months old) in social play, some with waltz-type music and some without. After twelve sessions, the infants' temporal information processing was assessed in speech as well as music using

magnetoencephalography. The brains of the babies who were exposed to music exhibited enhanced neural responses in the area of music and speech—the auditory and prefrontal cortices. This showed that the music had been instrumental in awakening in the brain those patterns that are utilized in speech and music.⁶

In summary, this means that exposing your newborns and young children to softly playing, quality music will improve their speech as well as their musical ability. Exposure to good music will expand your child's brain to be able to accommodate new areas of information. Music is a healthy stimulant for many areas of knowledge.

THE CURSE OF NOISE

There are many expressions of music, but if it does not include pattern and structure, the brain registers it as random noise, not music. On brain scans, it is easy to discern music from noise because the brain doesn't know what to do with noise. It must be patterned and have consistent structure to be interpreted as music. The brain finds music easy to encode. Music makes us smarter as seen by researchers at the University of California Frances H. Rauscher, PhD, and her colleagues. They conducted a study with 36 undergraduates from the department of psychology who scored eight to nine points higher on

5 Rodgers, Anni Layne. (2012). "Music Therapy: Sound Medicine for ADHD." *ADDitude Magazine*. Retrieved from: www.additudemag.com/music-therapy-for-adhd-how-rhythm-builds-focus/

6 Zhao, T. Christina, and Kuhl, Patricia K. (2016). "Musical intervention enhances infants' neural processing of temporal structure in music and speech." *Proceedings of the National Academy of Sciences*. Retrieved from: www.pnas.org/content/113/19/5212

NOISE POLLUTION

The World Health Organization reports that 40% of Europe's population is exposed to noise levels in excess of 55dB at night¹ (50dB is a quiet office and 60dB is a normal conversation): a level that disturbs sleep, concentration, and productivity, raises blood pressure, and increases incidences of heart disease. How about your home...do you sleep in peace?

Sound waves arrive at the brain in the form of electrical signals via the ear, which in turn causes the body to react. In particular, the amygdala (emotion) is activated, which leads to the release of the stress hormone cortisol.

1 WHO. (n.d.). "Noise: Data and Statistics." *World Health Organization, Europe*. Retrieved from: www.euro.who.int/en/health-topics/environment-and-health/noise/data-and-statistics

a spatial IQ test after listening to ten minutes of Mozart. One of the researchers, Gordon Shaw, said, "We suspect that complex music facilitates certain complex neuronal patterns involved in high brain activities like math and chess."⁷

Music is influential from a very early age—even womb babies respond to Mozart. Thomas Verny, in his book *The Secret Life of the Unborn Child*, cites scientific experiments showing that fetuses preferred Mozart and Vivaldi, even in the earliest stages of pregnancy. He reported that fetal heart rates steadied and kicking decreased, while other music, especially rock, "drove most fetuses

to distraction."⁸

Some "music" is noise. Noise does not help in the release of soothing neurotransmitters like dopamine. Research in animal models has shown that exposure to noise can induce stress and impair both cognition and memory by suppressing long-term potentiation in the hippocampus.⁹ There are forms of sound that have been referred to as music, but instead of releasing happy neurotransmitters, they actually stimulate the release of chemicals that are detrimental to the brain. Noise is bad, but loud noise is worse. It is extremely debilitating to the brain as well as the ear.

"Prolonged exposure to loud

7 Amen, Daniel G. (n.d.). "Music and the Brain" *Didpuzzle.homestead.com*. Retrieved from: didpuzzle.homestead.com/music-and-the-brain.html

8 Verny, Thomas. (1982). *The Secret Life of the Unborn Child*. New York: Dell Publishing.

9 Barzegar, Marzieh, et al. (2014). "Prenatal exposure to noise stress: anxiety, impaired spatial memory, and deteriorated hippocampal plasticity in postnatal life." *Hippocampus*. Retrieved from: www.researchgate.net/publication/265605350_Prenatal_Exposure_to_Noise_Stress_Anxiety_Impaired_Spatial_Memory_and_Deteriorated_Hippocampal_Plasticity_in_Postnatal_Life



QUALITY

It takes something of substance to create good brain cells.

noise [or even white noise from things like fans and motors] alters how the brain processes speech, potentially increasing the difficulty in distinguishing speech sounds, according to neuroscientists. Exposure to intensely loud sounds leads to permanent damage of the hair cells that act as sound receivers in the ear. Once damaged, the hair cells do not grow back, leading to noise-induced hearing loss.”¹⁰

According to Parenting and Child Health, “Because of their thinner skulls, babies and young children are at greater risk from loud sounds than are adults. If at all possible, avoid exposing young children to loud noises, such as car racing events or loud music, as the damage could last all of their life.” Even noise from power tools, fans, kitchen appliances, electronic entertainment, and general racket are all detrimental to the brain.¹¹

Sound travels in waves that keep moving. When a person is in a closed-in area where the sound waves are trapped, there is a greater possibility of damage. Putting anything in your ear (earbuds) or over your ear (headphones) for listening purposes can be detrimental to your hearing. This is because sound waves become trapped in the ear canal and, as stated earlier, can damage the delicate auditory hair cells in the cochlea. This is one critical reason why there is an increase in the number of people becoming hearing impaired.

Otherwise-educated couples drop their babies and young children off at childcare centers where there is constant racket of screaming babies, TV blaring, loud noise/music playing, and toddlers shoving things across the floor, adding screeching sounds to the bedlam. The children are exposed to this emotionally exhausting trauma ALL DAY LONG. In their most delicate stage of brain development, children are handicapped by extreme and negative environmental forces. Research has proven this to be damaging to the brain and the emotional well-being of small children. Some children do survive that environment to become normal, healthy adults, but what of the many who do not? And what might the child have become if he had been in a brain-healthy environment his entire youth?

10 (2014). “Study: Noise-Induced Hearing Loss Alters Brain Responses to Speech.” *UTD News Center*. Retrieved from: www.utdallas.edu/news/2014/7/31-31061_Study-Noise-Induced-Hearing-Loss-Alters-Brain-Resp_story-wide.html

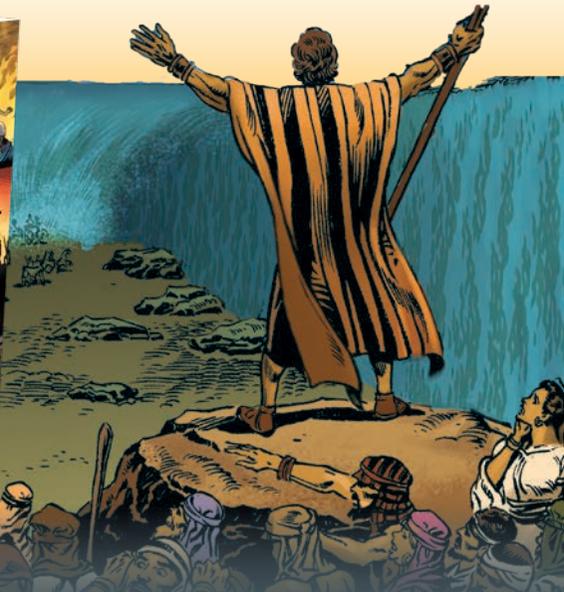
11 Parenting and Child Health. (2017). “Children with Hearing Loss: Hearing Impairment.” *Women’s and Children’s Health Network*. Retrieved from: www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=304&id=1584

THE GIFT OF HEALING

In the world of music therapy, the word *miracle* is spoken daily. Music therapists are using music to bring healing to children with autism, ADHD, and Tourette syndrome, as well as mental and mood disorders. It is employed to help overcome stuttering, open up reading to non-readers, and even reverse hearing and sight disorders that originate in the brain. Those trained in the field of music therapy are being introduced to a world of possibilities never before imagined.

A person's brain can be damaged in many ways. An infant can be born

with brain damage or suffer damage at birth. It could occur as a result of an accident, medication, a high fever, oxygen deprivation, or various diseases. Often, it is an unknown element that brings on ADHD or other similar brain disorders. When the idea of neuroplasticity first emerged, researchers used animals to demonstrate its healing power, but the focus quickly shifted to older adults with debilitating brain maladies. Researchers reasoned that if an OLD brain could recover, then the sky would be the limit where young brains are concerned. Remember, young brains are even more plastic—able to change



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BYPASS

It has been shown that humor and music both bypass higher reasoning.

more quickly.

Several years ago, well-known Congresswoman Gabby Giffords was speaking to a crowd when an assailant shot her in the head, damaging her left hemisphere. She survived the horrific, brain-shattering blow, but was left with many disabilities, including the inability to speak. Until the application of neuroplasticity, recovery would have been a hit-or-miss experiment, possibly with little result. Her family chose to turn to a little-known treatment—music therapy. She learned to sing words before she could speak them. True to its promise, it did indeed rewire her brain. It was not a miracle, but it felt like one to all who knew her. Multiply this by the thousands and you will appreciate why I said at the beginning that neuroplasticity is so close to a miracle that it should be spelled H-O-P-E.

THE GIFT TO THE OLD FOLKS

It is common for elderly people to have brain damage. With reports of amazing success, music therapists quickly began their own research. Could new pathways be generated in old brains through the use of music?

Could even severely diseased brains respond favorably to music therapy? The answer, they discovered, is a resounding YES.

PARKINSON'S DISEASE

A friend was explaining to me why she couldn't be part of an upcoming event: her husband had recently developed Parkinson's disease. "At this point," she said, "he is not even able to lift his feet to walk to the bathroom. It is like his feet are glued to the floor."

I was shocked at the seemingly helpless situation and asked, "Why don't you just sing to him?"

"Sing?" she blurted out incredulously, as if I had suddenly developed a bad case of Alzheimer's. "What does that have to do with anything?"

"You know, sing. Music activates both sides of the brain, so when a person with Parkinson's disease gets locked up, the problem is in the brain, not in the feet. When you sing and activate large areas of the brain, the Parkinson's brain is able to shift commands to the other side of the brain, which then allows the neural signals to reach the feet. Amazingly, they can now walk, talk, or feed themselves. Surely, the VA hospital taught you all this stuff! Your daughters are nurses—ask them!"

She just stared at me as if I were telling her a really bad joke. "No, I don't know, and no, the VA didn't tell me to sing to Tom. And no, my daughters didn't tell me; so are you sure you know what you are talking about? I never heard such a crazy

thing in my life.”

THE GIFT OF MUSIC THERAPISTS

In a TED talk, music therapist Dr. Kathleen M. Holland said, “Music is being used to help with the mobility of people with Parkinson’s disease, a long, chronic disease process. What we are looking at here are brain-based treatments for brain-based disorders. We’re not looking at the paralyzed leg; we’re not looking at the symptom. Our goal is to address the cause changing the underlying neural mechanisms—the place in the brain that Parkinson’s has destroyed, thus can no longer communicate to the body. Music is being used by music therapists with great success across a variety of brain disorders.”¹²

“Parkinson’s disease is a degenerative, progressive disease that affects nerve cells deep in the parts of the brain called the basal ganglia and the substantia nigra.”¹³ When symptoms first appear, through music therapy, the patient can reroute neural signals to parts of the brain not yet affected. There is wonderful hope for these patients to regain many functions. Parkinson’s patients struggle with feeling as though their feet are glued to the floor, but when they even think about music, they are able to walk within seconds. People who have lost

their ability to walk, talk, pick up a cup, and many other motor skills, can often function normally while music is playing or when they hum, or even think of humming a song. Music is powerful. There are host of YouTube videos where you can actually see these results.

I love what Elizabeth Stegemoller, PhD said in her TED talk: “But perhaps the most powerful component of music therapy is the social benefit derived from making music together, which can help patients combat depression. When patients with Parkinson’s engage in music therapy, often one of the first behaviors to emerge is smiling. The flat effect and masked face, characteristic of the disease, fade away.”¹⁴

MUSIC IDEAS TO GET YOU STARTED

Lullabies/Quieter Songs (good for bedtimes/quiet times)

Sleep Sound in Jesus by Michael Card

Bless My Little Girl/Bless My Little Boy by Kelly Willard

Baby’s First Hymns: An Instrumental Lullaby Collection by Dream Baby

Hymns

Hymnworks by Lynda McKechnie (2 volumes)

12 Howland, Kathleen M. (2015). “How Music Can Heal Our Brain and Heart.” *TEDx Talks*. Retrieved from: www.youtube.com/watch?v=N1Y4yCsGKXU

13 Mandybur, George, MD, and Gartner, Maureen, RN, (reviewers). (2018). “Parkinson’s Disease.” *Mayfield Brain & Spine*. Retrieved from: www.mayfieldclinic.com/PE-PD.htm

14 Stegemoller, Elizabeth, MD. (2017). “Music Therapy and Its Impact on the Brain.” *TEDx Talk*. Retrieved from: <https://community.sfn.org/t/tedx-music-therapy-and-its-impact-on-the-brain/7069>

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I CHARGE YOU

Download quality music and play it softly in the background while your children are at play. If you have toddlers, buy a few toy instruments that they can play with. Make it a habit to sit your little ones in your lap and sing along with good music. Check into music lessons for you and your children. Learn to be particular in your choice of music as it is either doing something positive or negative to your brain as well as your child's. Now is the time for some serious evaluation and purging. You only have one brain. Love it and treat it well.

"Sing unto the Lord a new song: sing unto the Lord, all the earth. Sing unto the Lord, bless his name; shew forth his salvation from day to day. Declare his glory among the heathen, his wonders among all people" (Psalm 96:1-3).

Create a Better Brain Through Neuroplasticity: A Manual for Mamas

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Autism

EXCERPT FROM CHAPTER 10 OF
CREATE A BETTER BRAIN

Neuroplasticity has taught us that we need to make educated, wise decisions in order to give our child the best chance of a healthy body and mind.

In a 1990 study tracking 10,000 children, it was found that three out of 10,000 manifested clear symptoms of autism. Six years later in 1996, the CDC began tracking and found that 34 out of 10,000 children showed clear symptoms of autism. Eight years after that, in 2004 something provoked an alarming increase in the rate of autism. One out of every 150 eight-year-old children was autistic. Few scientists or researchers agree on the cause. Some suggested that the increase could be accounted for by better detection and reporting. Most

researchers consider that to be ridiculous, as do I. A child with clear traits of autism is easy to identify.

Just ten years later, in 2014 one child in 59 tested positive for autism. According to these statistics, in 2019 we will reach a rate of one out of every 46. Look at the numbers again... it is tragic and scary. Usually, autism doesn't become apparent until a child is three years old. If the trend continues at this pace, in 2024 children will have a one in 23 chance of being diagnosed with autism. Autism is a plague that is receiving too little

attention, likely because of the global impact of disagreeing on the cause. Major institutional, environmental, and possibly cultural changes would be mandated.¹

Researchers do not agree as to the cause of this rapid increase. But as numbers continue to rise, we can see that something horrific and new to our environment is causing our children to suffer brain damage.

What has changed since the 1990s that is causing such statistically high numbers of brain damaged babies? What can we do to stop it? Discovering the answers is like putting a complicated, solid white puzzle together. There are many rabbit holes, possible roots, and likely complicit evils. Whatever it is, it is something we are doing today as a society that we did not do fifty years ago.

This explosion of statistics has researchers all over the world desperately seeking to know WHY. What exactly is autism? What does it do to the brain? What can we do to stop the growing numbers? And once a child is diagnosed with autism, what can be done to help the child overcome some of the difficulties associated with it?

The research is a new science with many different voices vying to be heard. I have plowed through a mountain of information and will give you the best I have found. There are many side issues that predispose a child to autism such as premature birth, low birth weight, genetics, drugs, etc. We will not be discussing any of these in depth.

A SPECTRUM

Autism is considered a “spectrum”: a word describing a wide range of symptoms with many possible causes. It appears that autistic children do not prune their synapses properly. If you need a brief refresher on pruning, you can find the information in the section titled “Pruning Clears the Way.” When pruning fails, the child’s brain is electrically overcharged, resulting in a great deal of stress. To function normally, neurons in the child’s brain need the unused synapses to be pruned away.

In a healthy brain, the neurons actually eat the unused synapses. For some reason, this process doesn’t happen in some children. What interferes with the pruning? Poor gut health in the mother and the child has proven to interfere in the pruning process. But that is not new, so it cannot be the sole cause. Environmental toxins, vaccinations, genetics, and even emotional trauma have been shown to be tied to stalling or totally stopping the brain’s pruning. But again, some of those things have always been part of the human experience. Why are we seeing problems only now, in the past 25 years? Many scientists believe the issues that disturb pruning are just the tipping point of a delicate state with a much more crippling cause.

AMISH ARE BLESSED NO MORE

For years, many people have thought Amish children do not have autism because they do not vaccinate. For the

1 Boyles, Salynn. (2002). “CDC: Autism Rates Higher Than Thought.” *WebMD*. Retrieved from: www.webmd.com/mental-health/news/20021231/cdc-autism-rates-higher-than-thought#1

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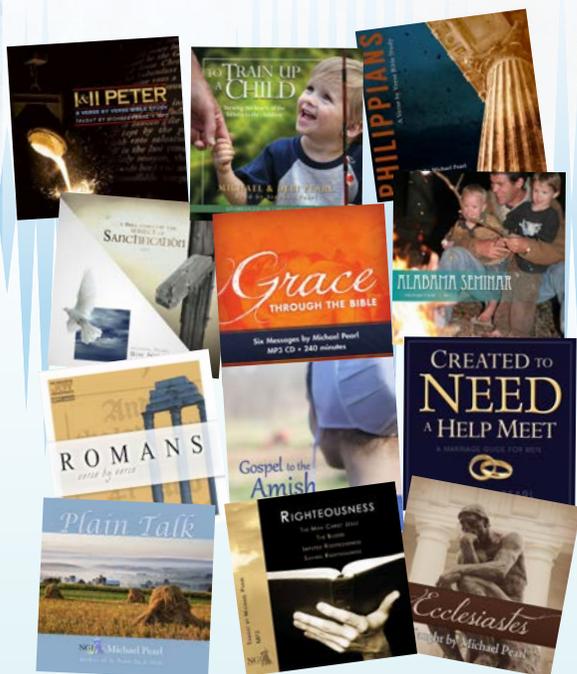
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*"I have gone to
Bible school with Mike." -MK*

FROM OUR MAILBOX

I thought I would send a note to show my appreciation for all the teachings Michael has provided. I have almost all of them and they have been a great blessing. A few years ago, I thought I was a pretty good Bible student, but now I realize that I had been taught man's wisdom or doctrine that was not at all biblical. I have learned through Mike's Bible teachings that you need to read the Word and believe it, no matter if you don't see it in your experience. Now I do that when I read the Scriptures and have even passed along some of this newfound wisdom to a friend at work. Just the other day, he said to me concerning some of the Bible talks we've had, "I wanted to let you know that I have learned more about the Bible in the last year than in the previous 20." That is due in large part to Mike's teachings. In some ways, I have gone to Bible school with Mike and I am so grateful to God for his ministry. Thank you.

-MK



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last 30-plus years, I have lived in what the Amish/Mennonite folks refer to as a “Plain people community.” As a midwife, I have helped birth their babies and read their local news bulletins. I have heard the latest interesting family tidbits coming from their many colonies, including those in Mexico, Belize, South America, Canada, and further afield. My neighbors use horse and buggies and outhouses (bathrooms outside with a hole in the ground) and, for the most part, grow their fruits and vegetables organically (at least what they use for their own family). In recent years, they have started eating more processed foods, but as a rule, what their children eat is far better than the average American school child.

These Plain people are more educated and smarter than the regular citizen. They are more skilled on the latest and most advanced information concerning herbs, natural healing, GMOs, companion planting, and a thousand other practical subjects. It is not unusual for a son or daughter with an 8th-grade, Amish-type education to leave the fold, work their way through college, and become a neurosurgeon or space engineer. As a group, they have made a very educated decision not to vaccinate, and up until the last ten years or so, I never heard of a single case of autism among their hundreds of thousands of children. But in recent years... ■

Continued in [Create a Better Brain through Neuroplasticity!](#)



Benny's Story

Benny's story in Chapter 11 came to me about 30 years ago through corresponding with a mama of an autistic boy. It is an emotionally gripping story for several reasons. At that time, only 3 children in 10,000 were autistic so few people, including the police, knew what autism was. Parents were treated with scorn and even suspicion. Autistic children acted as if they were full of demons. It was the dark ages of autism. When Benny's mom started writing me I had a fascination to learn what caused this hideous brain disorder, and I hoped to help. I was amazed at this mother's love. She never gave up and was open to trying anything. Benny found a miracle by his mom stumbling across what is a now-known protocol (through the knowledge of neuroplasticity) for the autistic child. Today, we know there is not only hope, there are simple things that can be done to drastically help the brain recover, and there are simple things that can be done at the onset that can spare the child. Benny's story is simply amazing. You and your children will love it. ■

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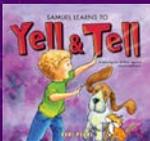
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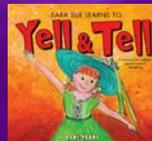
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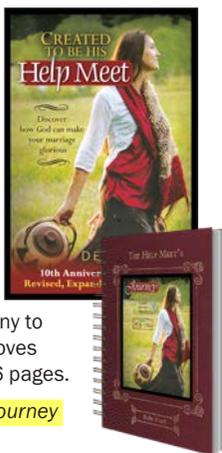
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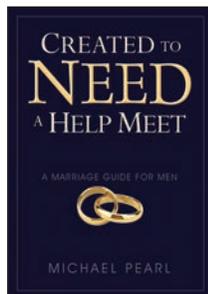


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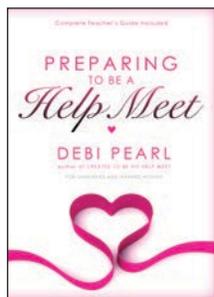


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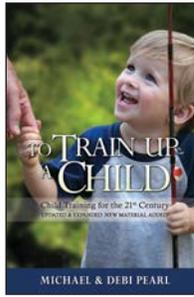
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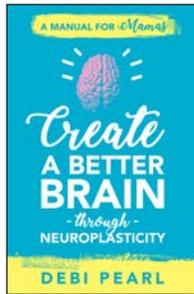
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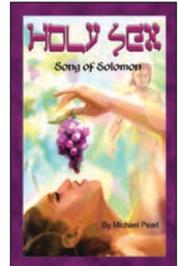
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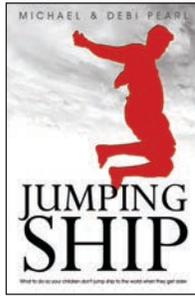
- 6240-10 Vol. 3 Book **\$7.95**
- 6240-DL Audio book (Digital Download)**\$9.95**

Buy all 3 and save over 15%! Item 6250-10 Retail ~~\$23.85~~ Now **\$19.95**

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Jumping Ship

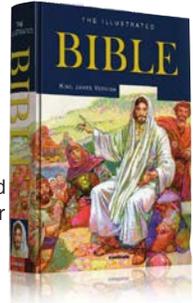
In this book, Mike and Debi talk about mistakes parents make and what you can do to keep your children on board with you. By Michael & Debi Pearl. 106 pages.



- 4940-10 1 Book\$7.95
- 4940-12 Spanish book\$7.95
- 4940-75 DVD\$12.95

KJV Illustrated Family Bible

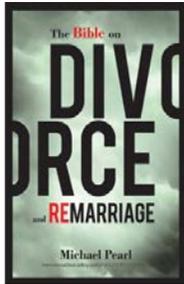
A 1,735-page gold-edged King James Bible with more than 600 highly sensitive and historically accurate full-color illustrations. Each Bible is shrink wrapped for added protection.



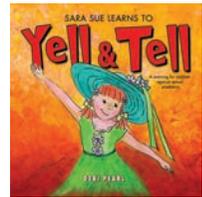
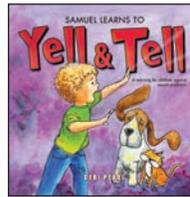
- 4450-10 1 Book\$49.95 **\$34.95**

The Bible on Divorce and Remarriage

Historically, Christians have been divided on the issue of divorce and remarriage. You do not have to pick a side to the exclusion of the other. There is harmony. By Michael Pearl. 96 pages.



- 2350-10 1 Book **\$9.95**



“Yell & Tell” Series A Warning for Children Against Sexual Predators

A child predator loses his power when he loses his cover. These beautifully illustrated children’s books will arm parents and children against predators. By Debi Pearl. 40 pages each.

- 9700-10 Samuel - 1 Book **\$9.95**
- 9710-10 Sara Sue - 1 Book **\$9.95**
- 9700-12 Spanish Samuel - 1 Book \$9.95
- 9710-12 Spanish Sara Sue - 1 Book **\$9.95**

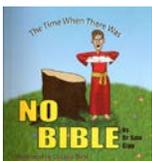
Buy Any 2 Yell and Tell Books for \$15.00!

KIDS BOOKS



Good and Evil Kids' Coloring Books

- 3775-01 Coloring Book 1\$2.00 **\$0.10**
- 3775-02 Coloring Book 2\$2.00 **\$0.10**
- 3775-03 Coloring Book 3\$2.00 **\$0.10**
- 3775-04 Coloring Book 4\$2.00 **\$0.10**



The Time When There Was No Bible

Did you know there was a time when there was no Bible? This book will help answer your children’s questions about the greatest Book ever written. By Dr. Sam Gipp. 30 pages.

- 8606-10 1 Book\$6.95



Good and Evil Comic Books

Several chapters from our popular book *Good and Evil* have been printed as individual comic books. 6 × 10 in. 28 pages each, soft cover, full color.

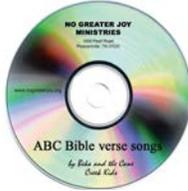
- 3761-10 English Part 1\$2.99 **\$0.10**
- 3762-10 English Part 2\$2.99 **\$0.10**
- 3763-10 English Part 3\$2.99 **\$0.10**
- 3761-12 Spanish Part 1\$2.99 **\$0.10**
- 3762-12 Spanish Part 2\$2.99 **\$0.10**

FAMILY AUDIO

All audio is also available to purchase as instant downloads via our web store:

<https://nogreaterjoy.org/shop>

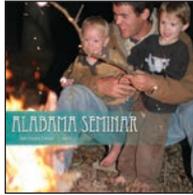
ABC Bible Verse Songs



Small children love this! Beka and some of the kids in the church sing the A-B-C Bible verse songs that her mother taught her when she was growing up. Your little ones will want to listen to this day and night, and by doing so they will learn 26 Bible verses with the references.

1010-45 1 Audio CD **\$6.95**

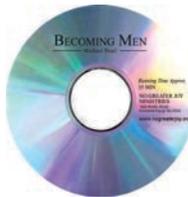
Alabama Seminar



Michael Pearl speaking on child training. These are geared toward the father's role in the family. Tales of Mike and his sons' wild adventures. Boys love it!

8325-55 1 MP3 CD **\$12.95**

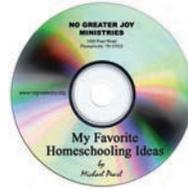
Becoming a Man



This message is for parents concerned about raising their boys up to be men and it is for fathers who never learned to be real men.

1417-10 1 Audio CD **\$6.95**

My Favorite Homeschooling Ideas



Debi discusses her best homeschooling ideas. 20+ years of accumulated wisdom. A bestseller!

6170-45 1 Audio CD **\$6.95**

Only Men



Michael Pearl speaks directly and frankly to men about their responsibilities as husbands.

6650-45 1 Audio CD **\$6.95**
6650-12 Spanish Audio CD **\$6.95**

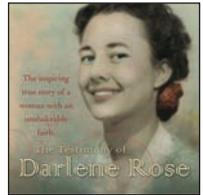
Starting Over



The basic message: "Okay, I know I've messed up in child training; now what do I do?"

8338-45 1 Audio CD **\$6.95**

Testimony of Darlene Rose



Hear the missionary story of Darlene Rose. Rebekah Pearl listened to this when she was young. She says it helped mold her life toward missions.

8605-55 1 MP3 CD **\$12.95**

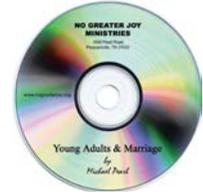
When Children Die



Do children who die prior to reaching accountability go to heaven? What about miscarried or stillborn babies, or the two-year-old child who died? You will be thrilled with what God has in store for your departed child.

9550-45 1 Audio CD **\$6.95**

Young Adults and Marriage



This message, was given to help parents and their young adult children make wise decisions. It has the story of all five of our children finding their mates.

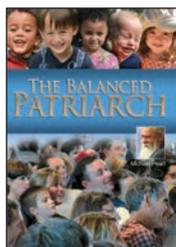
9810-45 1 Audio CD **\$6.95**

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FAMILY DVDS

The Balanced Patriarch

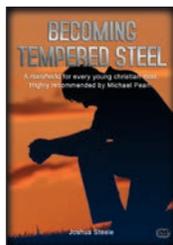
When do children cease to be under parental authority? Michael Pearl goes to the Bible and tells you what God has to say. 60 min.



1407-75 1 DVD **\$12.95**

Becoming Tempered Steel

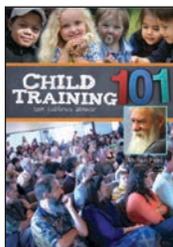
As a young teenager Joshua Steele dedicated his life to serving God and has followed his calling with the force of tempered steel. He came to Cane Creek and addressed the young men on the subject of moral purity and preparation to serve God. His messages come highly recommended by all who have heard them. 135 min.



1418-75 1 DVD **\$12.95**

Child Training 101

If you want to introduce child-training principles to a friend, this is the one DVD to give them. It takes the viewer back to the basics of child training. Taught by Michael Pearl. Includes a 25-minute Q&A!



2007-75 1 DVD **\$12.95**

Good and Evil Animated Series

Good and Evil: The Ultimate Comic Book Action Bible is also a professionally animated video series! Over 7 hours of dramatic content that will engage any viewer, any age.



3782-75 G&E Animated Series
 3-DVD Set (7+ hrs.) **\$29.95**

Knife & Tomahawk Throwing for Fun

In this fun-to-watch DVD, renowned knife thrower Michael Pearl teaches the basics of knife throwing. 60 min.

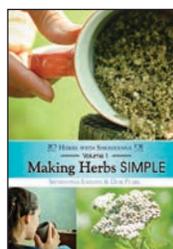


5310-00 Knife Throwing Bundle .. **\$54.95**
Knife Throwing Starter Bundle contains 3 throwing knives, sheath and DVD. Retail value \$73.9±.

5300-75 1 DVD **\$12.95**

Making Herbs Simple, Vol. 1

Join Shoshanna (Pearl) Easing and friends as they teach you how to identify and use herbs growing in your own backyard! Make poultices, herbal hair treatments, tinctures, and much more. Includes a companion guidebook. 78 min.



5700-75 1 DVD **\$24.95**

Making Herbs Simple, Vol. 2

A hands-on DVD about herbs. Shoshanna will take you into the wild, teach you to identify herbs, explain what they can be used for, and how to make a remedy out of them. Learn how truly simple it is to use herbs. 75 min.

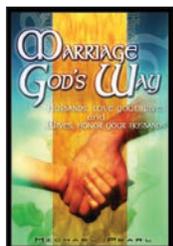


5710-75 1 DVD **\$24.95**

Marriage God's Way

Husbands and Wives

Husbands, learn how to sanctify your wife and cleanse her of spots, wrinkles, and blemishes. You have the power to bring your wife into the fullness of all that God intended her to be. Wives, learn the freedom of honoring and ministering to your man. Help him become all that God intended him to be. 184 min.

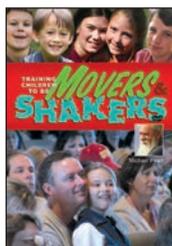


4140-75 2-DVD Set **\$19.95**

FAMILY DVDs

Movers & Shakers

Michael encourages parents to train their children to be tomorrow's movers and shakers. Teach them to become leaders, entrepreneurs, statesmen—framers of tomorrow. 50 min.



6113-75 1 DVD \$12.95

Ee-Taow and The Next Chapter

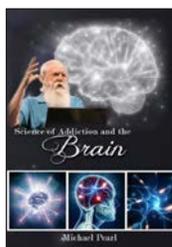
This is a remarkable story of a native tribe being won to the Lord. The gospel is presented chronologically and the results are spectacular. It is a great video to watch with your children, grandchildren, Sunday School students, etc.



2910-75 1 DVD \$19.95

Science of Addiction and the Brain

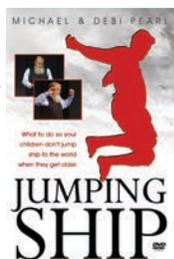
Addiction is the state of being enslaved to a substance or habit. At the 2014 Smoky Mountains Shindig, Michael delivered five packed messages supported by 185 animated PowerPoint™ slides on this subject.



8190-75 1 DVD \$12.95

Jumping Ship

Now you can view the two hour live presentation from Michael Pearl addressing the topic of “How can I keep my children from jumping ship and joining a carnival cruise to Pleasure Island?”



4940-75 1 DVD \$12.95

Scripture Talk

Scripture Talk combines hand motions, visual aids, and creative teaching to equip children of all ages to hide over 70 Bible verses in their hearts, and apply it to their lives! Each of the 10 passages on the DVD includes a group of children demonstrating the passage, verse-by-verse teaching of the words and motions, and an engaging lesson explaining the passage and how the children can apply it to their lives. All Scripture is from the King James version.

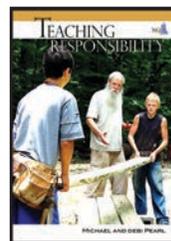


8200-75 1 DVD \$17.99

PLUS get 4 coloring books and 3 comic books FREE with the purchase of Scripture Talk!

Teaching Responsibility

In this seminar, Michael Pearl uses humorous stories and practical examples to illustrate the simple process of training your children to work without complaint. Cut into his speaking presentation are hundreds of video clips and photos that help illustrate his message. Debi says, “The introduction is just too fun to miss!” 119 min.



8500-00 2-DVD Set..... \$19.95

50 Questions 50 Answers

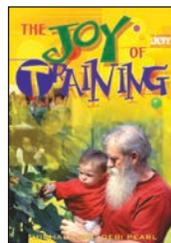
Unscripted and spontaneous, follow Mike around the farm as he answers your Bible questions. Varied questions and answers in a changing context makes this series captivating. 270 min.



3000-75 1 DVD \$12.95

The Joy of Training

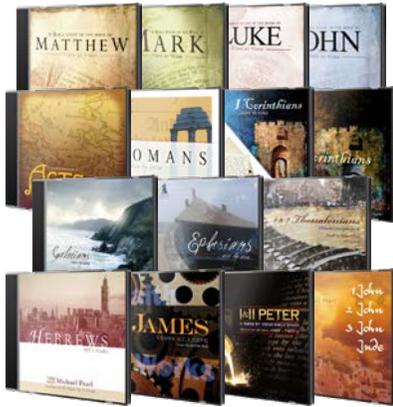
Michael and Debi Pearl tell how they successfully trained up their five children with love, humor, the rod, and a King James Bible. This set contains hundreds of snapshots and video clips of family and children, illustrating the things being taught. 180 min.



4910-75 2-DVD Set..... \$24.95

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<https://nogreaterjoy.org/shop>

BIBLE TOPICS



Verse-by-Verse Audio Teaching

Michael Pearl teaches in-depth through the New Testament, examining each word and its usage. Practical and foundational Bible teaching that will build your faith in the Word of God and teach you to study on your own.

- 6020-55 Matthew (1 MP3 CD) **\$12.95**
- 5950-55 Mark (1 MP3 CD) **\$12.95**
- 5640-55 Luke (1 MP3 CD)..... **\$12.95**
- 4610-55 John (1 MP3 CD) **\$12.95**
- 1200-55 Acts (1 MP3 CD)..... **\$12.95**
- 8140-55 Romans (1 MP3 CD)..... **\$12.95**
- 2060-55 1 Corinthians & Colossians
(1 MP3 CD)..... **\$12.95**
- 2061-55 2 Corinthians
(1 MP3 CD)..... **\$12.95**
- 3410-55 Galatians (1 MP3 CD)..... **\$12.95**
- 2930-55 Ephesians (1 MP3 CD) **\$12.95**
- 7100-55 Philippians (1 MP3 CD)..... **\$12.95**
- 8440-55 1 & 2 Thessalonians
(1 MP3 CD)..... **\$12.95**
- 3800-55 Hebrews (1 MP3 CD) **\$12.95**
- 4605-55 James (1 MP3 CD) **\$12.95**
- 7010-55 1 & 2 Peter (1 MP3 CD)..... **\$12.95**
- 4655-55 1, 2, 3 John & Jude
(1 MP3 CD)..... **\$12.95**

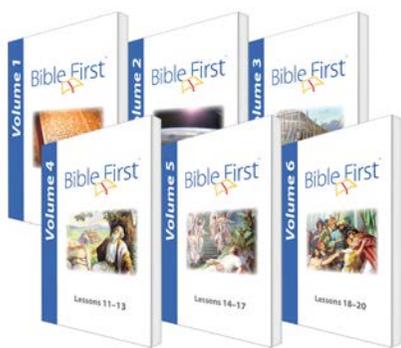
BIBLE TOPICS

- 8700-45 Two Steps to Heaven
(1 Audio CD) **\$6.95**
- 3012-55 50 Sins (1 MP3 CD) **\$12.95**
- 1010-45 A-B-C-Bible Verse Songs
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- 1310-55 Am I Saved? (1 MP3 CD) ... **\$12.95**
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- 8330-55 Sinful Nature (1 MP3 CD).. **\$12.95**
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(1 Audio CD) **\$6.95**
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Bible Topics MP3s/CDs

Various topical studies taught by Michael Pearl from the King James Bible, of interest to new Christians as well as Bible scholars. This is some great in-depth material to grow the faith of believers! They also make great gifts.



Bible First

Bible First is a gateway into a world that few people have ever explored. In just 20 short lessons, you'll experience an exciting tour of Genesis, the first of 66 books which make up the Bible. Genesis is a foundational narrative which provides the key to unlocking the mysteries of Scripture. This is homeschool Bible curriculum at its finest!

1427-05 Bible First

Complete Six-Volume Set ~~\$47.70~~ **\$34.95**

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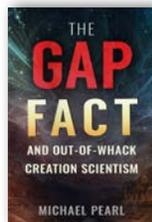
USB Verse-by-Verse Bible Teaching Audio Library



Over 185 hours of verse-by-verse Bible teaching. US orders **ship free**, and comes with a plastic case. Plugs into any USB port!

9200-17 USB Drive **\$39.95**

The Gap Fact and Out-of-Whack Creation Scientism



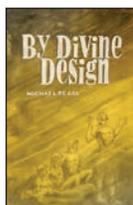
The Bible clearly declares that the earth existed before the 6-Day Creation. It is time to expose the truth about the Gap Fact.

By Michael Pearl. 160 pages.

- 3530-10 1 Book **\$12.95**
- 8-23 copies (25% OFF).... **\$9.71 ea.**
- 24+ copies (40% OFF)..... **\$7.77 ea.**

By Divine Design

If you are philosophically minded, this book will appeal to you. It addresses the question, "Why, God, did you let this happen?" By Michael Pearl. 85 pages.



2330-10 1 Book **\$7.95**

The Prophecy of Magog and Israel Ezekiel 38-39



Is the U.S. in prophecy? Conditions are rapidly aligning with Ezekiel's 2,700-year-old prophecy. Fulfillment seems imminent. This little book reveals the identity of Magog and the invading forces.

By Michael Pearl. 64 pages.

2940-10 1 Book **\$7.95**

Revelation Poster/Handbook

Print of Mike's original painting showing the events of Revelation in chronological order. The accompanying handbook is filled with Old Testament references and commentary. Poster is 40 x 19 in. on heavy, glossy paper.

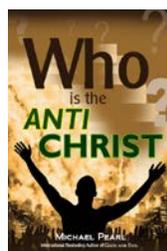


8130-10 Poster & Handbook **\$12.95**

Who Is the Antichrist?

One of the most misunderstood doctrines of Scripture concerns antichrist. This little book will point you in the right direction and launch your study of this critical subject.

By Michael Pearl. 96 pages.



9540-10 1 Book **\$12.95**

Additional Bible Resources

- 4650-10 **1 John 1:9 the Protestant Confessional** (23 pages) **\$1.50**
25+ copies (33% OFF) \$1.00 ea.
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Dr. Gail Riplinger (1200 pgs) . **\$49.95**
- 9600-10 **Why the King James Bible is the Perfect Word of God**
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- 4050-10 **The Hidden History of the English Scriptures** Dr. Gail Riplinger (70 pages) **\$7.95**
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Beverly Joan Boulware (48 pgs) **\$7.99**
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Dave Hunt (546 pages) ~~\$22.50~~ **\$17.50**
- 9510-10 **Which Version is the Bible?**
Floyd Nolen Jones (286 pgs).. **\$16.88**

“ NOTHING IS BETTER THAN COMING HOME TO A
Happy Wife ”



I just want to say THANK YOU from all of my heart, for Mrs. Pearl's book *Created to Be His Help Meet*, and Mr. Pearl's wisdom, leadership, and his books. My marriage was in shambles, my parenthood was severely lacking. My husband is still not saved, yet he tells me that ever since I've learned how to be a help meet, his life has never better, we've never been happier, and that nothing is better than coming home to a happy wife.

I thank you that you stay faithful to God's Word. If we never cross paths, I know we will meet in heaven one day. Thank you many times over.

—Mr. and Mrs. V.

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